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New Year, New You!

### Expert Advice

The start of a new year is the perfect time to make changes or start something new. The most popular resolutions include spending time with family and losing weight. Also on the top of the list is getting organized.

The average person sticks to their resolutions for about a month before returning to old habits. All About Closets has mastered organization and we want to share some tips that will make your resolution (at least the organizing one) a reality.

### Organizing Tips for the New Year

I've found that once you target a broad goal, like losing weight or spending more time with family, its best to set yourself two or three little goals that will help you achieve the broader one.

The same rule applies to organizing your home: Organization and cleanliness are the broad goals, but what are some smaller goals to set for yourself to achieve the larger one?

Here are some tips and tricks to get organized for the New Year:

1. **Delegate:** Assign a different cleaning & organizing task to family members or roommates (or even for yourself), so there is a little goal every day to keep the home clean. Create a chore list: Kids are never too young to learn to be responsible for picking up their toys and learning good cleaning habits.
2. **As long as everything has a place, there is a place for everything:** The biggest issue for clutter & disorganization are the closets, the bathrooms, and the office. For the closet, look into shoe racks, or over the door closet organizers, or even call a closet company to help you. For the bathroom, look into shower caddies labeled for each member of the house, or shelves for above the toilet. For the office, look into file organizers, cabinets, and lightweight boxes that you can label.

3. **Do a little everyday:** Don't save all the cleaning for one monumental spring cleaning spree in early April. Make it a point to clean the bathroom every week, wipe up the kitchen and the sink after meals, & organized the files for the office as they come.

Source: Womansday.com

If you still need some expert advice, All About Closets offers complimentary consultations.



Call us at 1-866-637-3603 to organize your space and keep your New Years Resolutions!



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